



ORPINGTON OJAYS' CLUB CHAMPIONSHIPS 2018

**Affiliated to ASA London & KCASA
Level 4 Licensed Meet 4LR182173**

**SATURDAY 15th December 2018
Trinity School, Shirley Park, Croydon CR9 7AT
3pm Warm up**

ENTRY FORM GALA 8 ONLY (SPRINT GALA)

Please read the guidance below before completing the form.

Name

Gender M/F

Age at 31st Dec 2018.....

Squad

ASA No.....

| Distance | Freestyle | Backstroke | Breaststroke | Butterfly | IM |
|----------|-----------|------------|--------------|-----------|----|
| 50m | | | | | |
| 100m | | | | | |

Enter your personal best (PB) times for each event you wish to enter. If you do not have a time but would like to enter then place a tick in the box. Please note times will be checked against the ASA database.

No of Events entered@ **£2 per event** Fee enclosed. £.....

Signature of parent/guardian..... Date.....

Deadline: Monday 26th November 2018 - LATE ENTRIES WILL NOT BE ACCEPTED

Please put your entry form in an envelope marked FAO Lorraine Harden and leave at the Committee desk on a Monday night - payment by BACS to OJSC Lloyds Bank sort code - 30-96-31 a/c no. 02997978 reference Swimmers surname + Sprints

As a guide swimmers are expected to enter the following events

- **Top, Platinum, Gold & Silver Squads** ~ 4 x 50m events & 100IM
- **Bronze/Chrome Squads** ~ 3 x 50m events

NOTE - ACCEPTANCE TO 100IM WILL BE SUBJECT TO HEAT AVAILABILITY