

Orpington Ojays Squad Criteria

Squad	Criteria
Masters (up to 30 swimmers)	<ul style="list-style-type: none"> ○ Attend up to 2 water sessions per week ○ Ages 16yrs + ○ Compete in Club Championships ○ Represent Club in Masters events if selected ○ Capable of completing training to overall squad standard ○ Exceptions to these criteria will be agreed by the Head Coach
Top (up to 30 swimmers)	<ul style="list-style-type: none"> ○ Ages 12yr+ ○ Attend minimum 5 of 8 water sessions and 1 of 2 land sessions per week ○ Achieve / Maintain at least 1 county qualification time yearly ○ Attend club galas when selected ○ Attend a minimum of 2 Open events per year ○ Swim all Club Championships events each year ○ Capable of completing training to overall squad standard ○ Exceptions to these criteria will be agreed by the Head Coach
Platinum Senior (up to 30 swimmers)	<ul style="list-style-type: none"> ○ Ages 14yrs + ○ Attend minimum 3 of 4 water sessions weekly ○ Attend club galas when selected ○ Attend a minimum of 1 Open events per year ○ Compete in Club Championships events each year ○ Capable of completing training to overall squad standard ○ Exceptions to these criteria will be agreed by the Head Coach
Platinum Junior (up to 30 swimmers)	<ul style="list-style-type: none"> ○ Ages 10yrs –13yrs ○ Attend minimum 4 of 5 pool sessions per week and 25% of land sessions ○ Achieved at least 1 Gold time in ASA Competitive Badge Scheme ○ Attend club galas when selected ○ Attend a minimum of 1 Open event per year ○ Compete in Club Championships events each year ○ Capable of completing training to overall squad standard ○ Exceptions to these criteria will be agreed by the Head Coach

Gold Squad (up to 30 swimmers)	<ul style="list-style-type: none"> ○ Ages up to 12yrs ○ Attend minimum 3 of 4 pool sessions per week ○ Attend club galas when select ○ Attend a minimum of 1Race Night event per year ○ Capable to complete 50m in all strokes to ASA technical standards ○ Attend club galas when selected ○ Have completed ASA Competitive Start Award ○ Compete in Club Championships events each year ○ Capable of completing training to overall squad standard ○ Exceptions to these criteria will be agreed by the Head Coach
Silver Squad (up to 30 swimmers)	<ul style="list-style-type: none"> ○ Ages up to 12yrs ○ Attend minimum 3 of 4 pool sessions per week ○ Attend club galas when select ○ Attend a minimum of 1Race Night event per year ○ Capable to complete 25m in all strokes to ASA technical standards ○ Have completed ASA Preliminary Competitive Start Award ○ Compete in Club Championships events each year ○ Capable of completing training to overall squad standard ○ Exceptions to these criteria will be agreed by the Head Coach
Bronze Squad (up to 30 swimmers)	<ul style="list-style-type: none"> ○ Ages up to 11yrs ○ Attend minimum 3 of 4 pool sessions per week ○ Attend club galas when select ○ Capable to complete 25m in 3 of 4 strokes to ASA technical standards ○ Compete in Club ○ Attend a minimum of 1Race Night event per year ○ Compete in Club Championships events each year ○ Capable of completing training to overall squad standard ○ Exceptions to these criteria will be agreed by the Head Coach
Black & Purple Squad (up to 20 swimmers)	<ul style="list-style-type: none"> ○ Ages 12-16yrs ○ Attend 1 of 2 sessions per week ○ Capable of completing training to overall squad standard ○ Exceptions to these criteria will be agreed by the Head Coach